



## SHELBURNE FARMS

July 2010

Dear Parents, Guardians, and Campers,

Are you ready for what lies Beyond the Farm Barn? We hope you're excited! Our plan is to become real farmhands – ready for the challenge of the day, and willing to lend a hand, anywhere, anytime (5:00 am!) on the whole Farm – all while living out the week in an outdoor base camp. Our reward? To eat fresh and delicious food from the bounty of the land – animal and vegetable – and to celebrate each day around the campfire! It will be a great time to meet new friends, learn about raising food, practice camping skills, and try new things.

Now, we know that farm chores work up a sweat and tire us out. Let's set the record straight: we will bike more than hike, use wagons to carry our heavy gear, enjoy indoor plumbing, and encourage you to bring camping luxuries like a pillow. We also plan on a mixture of outdoor grilling and indoor cooking to balance our week and help us create some fun meals like homemade pizza. Swimming in Lake Champlain and outdoor solar showers will clean us up nicely – well enough to pass inspection by our Head Cheesemaker on Thursday!

You can help prepare for the week by responding to the questions below, and gathering most of the equipment on the following list, which will prepare you for outdoor camping. If you do not own a bike or tent please do not go out and buy one especially for this camp. You may simply use our shared gear or borrow an item from a friend.

- ❖ Please contact Peter to check in whether or not you can bring a bike and helmet to ride around for the week. If possible, we would like to bike everywhere we go!
- ❖ Please contact Peter to check in whether or not you are bringing a tent (incl. ground tarp). If you bring a tent we ask that you share it with other campers. We will help set it up.
- ❖ Please complete and return your **Health Form** and **Questionnaire** so that we can accommodate any special needs, dietary concerns, and get to know the campers a little.

We look forward to sharing this amazing farm experience with you! If you have any questions please call Peter at 985-0309 or [pbullock@shelburnefarms.org](mailto:pbullock@shelburnefarms.org).

Sincerely,

The Education Staff!

## Beyond the Barn Questionnaire

**We would like your stay at Shelburne Farms to be fun, challenging, and exciting! In order to best meet your interests we need to learn more about you. Please take some time to answer the questions below. Your response will help plan our week- so answer carefully...**

Your Name: \_\_\_\_\_

What are your favorite outdoor activities? Sports?

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What are your favorite hobbies?

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Have you ever been camping before? If so, how long was your trip?

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What would you like to learn about at camp?

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Have you ever cooked yourself breakfast, lunch or dinner?

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What are your favorite foods that could easily be made while camping?

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Have you ever gone at least five days without showering? If yes, for how long?

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Is there anything you would like to share with us?

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Please Return to: [pbullock@shelburnefarms.org](mailto:pbullock@shelburnefarms.org)

or

Beyond the Barn  
Shelburne Farms  
1611 Harbor Rd.  
Shelburne VT, 05482

1611 Harbor Road • Shelburne, Vermont • 05482  
*phone: (802) 985-8686 fax: (802) 985-8123*

## WHAT TO BRING:

### Clothing:

- shorts (2 pair)
- pants (1 pair)
- swimsuit
- towel
- t-shirts (5 maximum)
- socks (5 pair maximum)
- underwear
- pajamas

### Footwear:

- Sneakers
- Boots or sneakers you don't mind doing farm work in
- \*\* strap-in sandals, water shoes or old sneakers

### Outerwear:

- rain jacket
- long-sleeve fleece or sweater
- hat for sun/ rain protection
- warm winter hat(cold @ night)

### Eating Gear:

- one-liter (min) water bottle
- bowl
- spoon
- fork
- knife – Swiss Army type or kitchen o.k.
- cloth napkin or bandana

### Toiletries:

Bring things that are essential!

- sunscreen
- toothbrush
- toothpaste
- floss
- personal supplies and medications
- insect repellent
- comb or brush
- biodegradable soap
- washcloth

### Camping Gear:

- storage for your gear: blue bins work great, or oversized bags, backpack, duffle bag, etc.
- Sleeping bag
- pillow
- small daypack
- flashlight or headlamp (with new batteries)

### Bike Gear

- bike
- helmet
- spare tire tube
- water bottle (optional)

### Optional Items:

- pillow
- sleeping pad
- long underwear (pants and long sleeve)
- rain pants
- sunglasses
- candle
- camera and film
- book
- journal
- binoculars
- work gloves
- reusable mug (travel mugs work best)
- not a bad idea to have nylon stuff sacks or plastic Ziploc bags to organize small items in your pack

**Shared Gear:** (you do not need to have any or all of these)

- 2-6 person tent (no mildew!)
- Ground tarp for protecting the bottom of the tent

\*\* Flip-flops do not adequately protect feet from the sharp-edged zebra mussels along the rocky shores of Lake Champlain.



**SHELBURNE FARMS**  
*Beyond the Barn Camp 2010*  
**Emergency & Health Information**

Required Fields

Date: \_\_\_\_\_

Child Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Local Address: \_\_\_\_\_

Phone 1: \_\_\_\_\_ Phone 2: \_\_\_\_\_ Phone 3: \_\_\_\_\_  
 During program hours alternate alternate

Is your child attending camp with a friend? If so, what is that child's name? \_\_\_\_\_

**HEALTH INFORMATION**

Date of last immunization for **tetanus** \_\_\_\_\_ Is your child **allergic to bee stings**?  YES  NO

I give consent for my child to receive the following as needed (please circle): Ibuprofen Acetaminophen Insect repellent

**If your child is currently taking medication**, do you request and grant permission to administer it?  YES  NO  
 Please state medication(s), dosage and interval:

\_\_\_\_\_  
 \_\_\_\_\_

Please specify any **concerns or special needs** for your child. We would like to know how best to provide support, including how to relate with him/her, and what accommodations, if any, will be needed. Please attach special care plans and indicate if a staff member or other adult is needed to regularly assist your child during camp. **Check all that apply:**

Allergies  Dietary Restrictions  Physical Limitations  Behavioral Concerns  Aide Required  Other

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**IN CASE OF AN EMERGENCY**

Name of Child's Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Account #: \_\_\_\_\_

Name of Primary Account Holder: \_\_\_\_\_

If a parent/guardian cannot be contacted in an emergency, please contact:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone (during program hours): \_\_\_\_\_ Phone (alternative): \_\_\_\_\_

In the event that your child experiences an allergic reaction, do you grant permission to administer **Benadryl** to your child? If applicable, I also grant permission to administer the **EPI-PEN** that I have provided.  YES  NO

**I hereby authorize any additional medical treatment deemed necessary in the event of emergency or injury:**

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ Date: \_\_\_\_\_

CONTINUE ON BACK >>

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## PROGRAM LOGISTICS

Do you give permission to transport your child in **camp vans and wagons**?  YES  NO

Do you give permission for your child to **swim** under the supervision of certified lifeguards?  YES  NO

My child's swimming ability is **(circle one)**: Cannot Swim Beginner Intermediate Advanced

We welcome additional comments on your child's swimming ability or comfort in or near the water:

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Do you grant permission to publish in print, electronic, or video format, the likeness or **image of your child** for the general promotion of Shelburne Farms and its programs?  YES  NO

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## ROAD SAFETY

I hereby agree to the following guidelines and will communicate them to relatives or friends should they drop-off or pick up my child(ren) for this program.

- The Farm speed limit is 25 MPH and reduced speeds are expected near buildings and parking lots.
- There is no passing of moving vehicles.
- All program participants are expected use the main entrance to the Farm at the intersection of Harbor and Bay roads and to check-in with the greeter at the gate house when you enter the property.
- The Farm Barn courtyard may be used for handicap parking.

ACKNOWLEDGED

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## CONSENT AND INDEMNIFICATION

I hereby agree to indemnify, defend and hold harmless Shelburne Farms from any and all liability, costs and expenses on account of personal injury or property damage arising from my child's participation in Shelburne Farms Education Programs.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

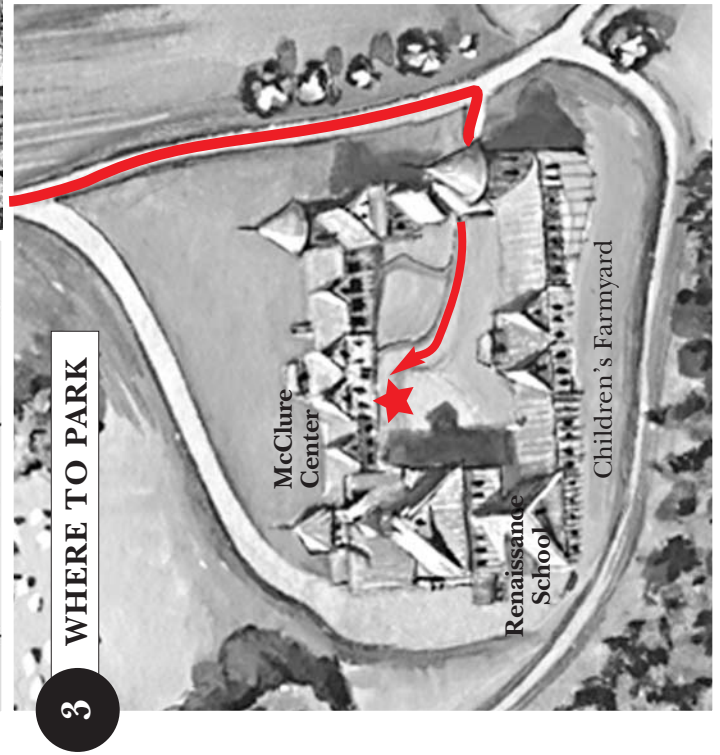
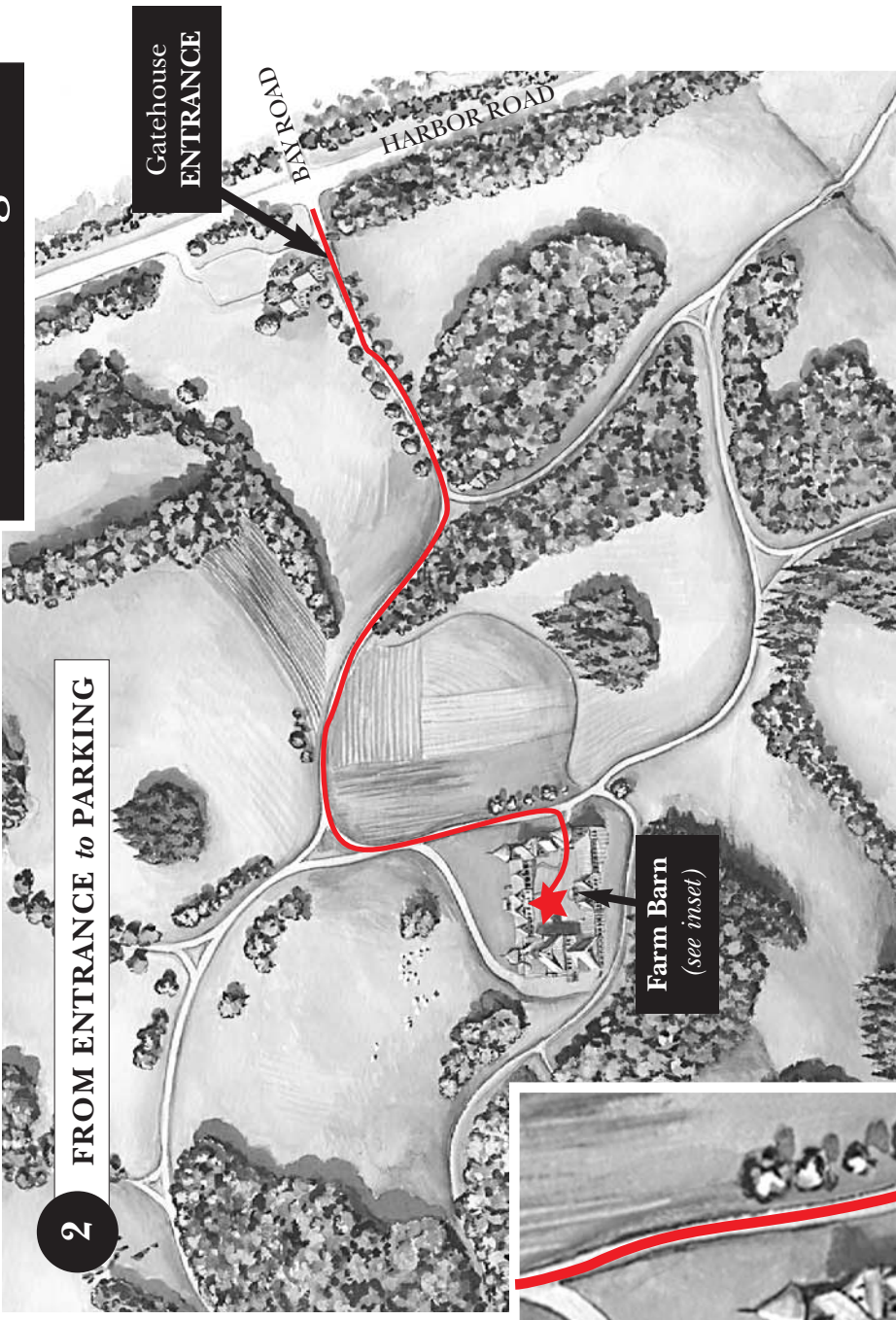
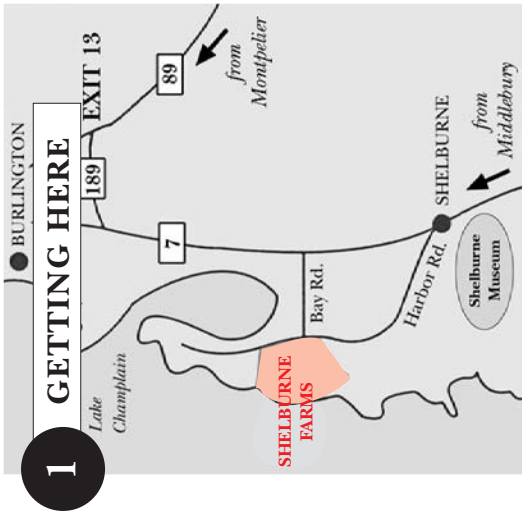
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**Please return this form one week prior to camp:**

Shelburne Farms  
Attn: Summer Camp Programs  
1611 Harbor Road  
Shelburne, VT 05482

# SHELBURNE FARMS Beyond the Barn

## Directions and Parking



Please greet the gatehouse attendant as you enter the property. **Camp parking is in the Courtyard of the Farm Barn. Please drive very slowly through the courtyard gate and take extra caution for other vehicles or pedestrians entering and exiting.** Thank you for your patience and understanding!